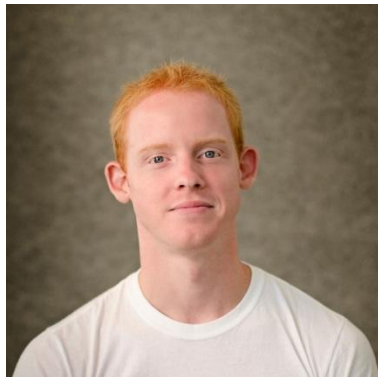


Kurt Gowan
SAG-AFTRA Member
Gender: Male
Ethnicity: Caucasian/White
Height: 5' 11"
Weight: 155lbs.
Eyes: Blue
Hair Color: Red/Orange
Pants: 32x34
Shoe Size: 11 (US)
Hat: 7 ½
Shirt: 15 ¼ - 34

Cell: (630) 667-5559
Email: kurt@parkourways.com
Website: www.ParkourWays.com

Film

Divergent	Stunts Performer (Parkour)	2013
Dhoom 3	Stunts Performer (Fight)	2012

Television

The Mob Doctor	Jesse Lee Soffer Fight Double	2012 (2 Episodes)
Shameless	Cameron Monaghan Parkour Double	2012 (1 Episode)

Web Commercials

Power2Switch	Brian Scalabrine Parkour Double	2012
Slim Jim TV	YouTube Promotional Video (Parkour)	2012

Photoshoots

Merrell Shoes & REI	Parkour Action Shots (Nature's Gym Tour)	May 2, 2013
PSI Gear	Tactical Pants Model	April 26, 2013

Other Related Work

Parkour Ways	Owner, Instructor, Web Designer/Developer	Sep. 2011 – Present
Progressive Motion	Parkour Instructor, Web Designer/Developer	Aug. 2010 – Sep. 2011

Training

A.D.A.P.T. (Art du Déplacement and Parkour Teaching) Certification
4 Years Training In Parkour

Skills

Parkour (Running, Jumping, Climbing, Vaulting, Drops, Foot Chases)
Falls
Fights (Street, MMA)